

**NEW SPA GENERATION
AESTHETICS & WELL-BEING**



MODOLOGIE
Aesthetics & Spa
Domaine de La Coupe
11100 Narbonne

 **04 34 44 45 31**

www.modologie-spa-narbonne.com

HIGH TECH FACIAL TREATMENTS

Skin Analysis

45€ | 20€* w/ package

A thorough analysis of your skin is performed by an esthetician who will also answer your questions about the facial treatment process. She will then provide you with your personalized beauty prescriber

Consilium Facial

1h15 | **120€ or 80€ w/package of 6***

For a new skin

180 € with Modologie's founder

A "prodigious and revolutionary" facial say the regulars. It only takes one facial with the Consilium 7 device of Modologie to see the difference. The facial combines gestural expertise of your esthetician with 7 high technologies that makes penetrate active ingredients of our high-performance skincare line for immediate visible results.

Cryonic Facial

1h15 | **120€ or 80€ w/package of 6***

« Plumped skin » effect

A high-tech facial that smooth, tones and lifts skin from the first treatment. It combines high tech cryotherapy and radiofrequency for immediate results.

Photo-rejuvenation

120€ per treatment or 80€ w/package of 6*

A painless treatment that reduces dark/red spots and blemishes.

** Installments available. Any purchased package expires after one year. Any appointment cancellation must be made at least 48 hours in advance, otherwise, treatment will be deducted from package.*



HIGH TECH SLIMMING TREATMENTS

Your aesthetician will perform

- ▲ A body composition analysis
- ▲ A food rebalancing program
- ▲ Nutritional coaching
- ▲ High-tech treatments

Body composition analysis

45 €

Before starting your slimming treatment, your beautician will carry out a detailed and personalized body assessment to establish a starting point and monitor your progress. Throughout your treatment, your beautician will carry out unexpected checks.

Food Rebalancing

included in slimming package

Modologie's food rebalancing program not only makes you lose weight, it also flushes toxins and hydrates your body. Rich in vitamins and minerals, it is also good for the skin!

Nutritional coaching

included in slimming package

Throughout your slimming program, our team is by your side and offer nutritional coaching. Recipe ideas, sports activities and beauty tips are also available on our Facebook page, you will enjoy motivation from our community.  **Modologie**

LipoFast program

90€ a 30-minute treatment | 49€ w/ package of 10*

Slimming, firming, toning and sculpting

Slimming and anti-cellulite circuit program on all of Modologie's technologies in only one package. The treatments use different technologies according to your body type to give the best results at the moment without surgery.

Air compression

25€ a 30-minute treatment | 18€ w/ package of 10*

Flushes and eliminate toxins

In inflatable boots, lower body is kneaded and shaped. This treatment activates blood circulation for the purpose of flushing and eliminating toxins.



AN ULTRA-EFFICIENT SKINCARE LINE WITH EXCLUSIVE HIGH-QUALITY ACTIVE INGREDIENTS...



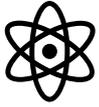
Modologie's products are formulated, prepared and processed on a small scale, in a laboratory in the United States. Standing away from the petrochemical industry, our products are of high quality and have a high concentration of exclusive active ingredients.



Modologie's products contain only the necessary packaging: the container.

Nowadays skincare manufacturers use cardboard boxes covered with plastic films to contain the container that contains the product ... If you can't keep up, just remember that in the end, they all end up in the same place, and that's the trash. It is our choice to oppose this movement as ecological responsibility is important to us.

... ECOFRIENDLY AND INNOVATIVE



The active ingredients of Modologie products penetrate through the use of high technology during Modologie's treatments. When you apply those active ingredients on your skin at home between treatments, your skin recognizes them and activates itself. Results are obtained naturally, non-invasively and without injection.

KONJAC - <i>100% natural sponge</i>	12 €
PURE SKIN X - <i>Foaming cleansing gel</i>	22 €
PREP SKIN - <i>Face lotion</i>	23 €
NOURISH SCRUB - <i>Nourishing scrub</i>	44 €
COLLAGEN SCRUB - <i>Clay balm</i>	44 €
SKIN RENEW - <i>20% Vitamin C cream mask</i>	48 €
OXYGEN MASK - <i>Hyaluronic acid + Oxygen</i>	58 €
SKIN LIFT - <i>Lifting gel serum</i>	68 €
CONTOUR TREATMENT - <i>Eye/over the lips area</i>	29 €
PURE EFFECT - <i>Cream Booster</i>	32 €
SKIN CHANGING DAY - <i>Caviar day cream</i>	56 €
SKIN CHANGING NIGHT - <i>Caviar night cream</i>	62 €
SLIM CURE - <i>Firming body gel</i>	68 €
MINCI'PHYT - <i>Natural flusher (food supplement)</i>	28 €
VERTUOUS OIL - <i>face & body</i>	88 €

OUR SPA RITUALS

Relaxing Ritual | 97 euros

Choice of
Sauna / Hammam / Japanese bath or Hydrojet
With provided hair oil followed by a Swedish shower

+

Body scrub
With custom face mask application

+

Swedish shower (*shower gel, shampoo/conditioner are provided*)

1h

Relaxation ritual | 123€ solo | 115€ duo per person | 107€ in solo package

Choice of
Sauna / Hammam / Japanese bath or Hydrojet
With provided hair oil followed by a Swedish shower

+

Wellness massage

+

Swedish shower (*shower gel, shampoo/conditioner are provided*)

2h

Ritual relaxation tenfold | 160€ solo | 150€ duo per person | 145€ in solo package

Choice of
Sauna / Hammam / Japanese bath or Hydrojet
With provided hair oil followed by a Swedish shower

+

Body scrub
With custom face mask application

+

Choice of Sauna / Hammam / Japanese bath or Hydrojet
With provided hair oil followed by a Swedish shower

+

Wellness massage

+

Swedish shower (*shower gel, shampoo/conditioner are provided*)

3h

Our wet spaces are private. You will choose your space between sauna, hammam or hydrojet and this space will be entirely dedicated to you. A supplement of 15 euros per quarter hour will be charge beyond the reserved time slot.



OUR HIGH-TECH RITUALS

Slimming Ritual - 225€ solo | 195€ duo per person | 168€ in solo package

LipoFast treatment

30-minute high tech slimming, drainage and anticellulite treatment

+

75-minute Wellness Massage

+

Choice of

Sauna, Hammam, Japanese bath or Hydrojet

With provided hair oil followed by a Swedish shower

+

Swedish shower (*shower gel, shampoo / conditioner provided*)

2h

Face ritual - 255€ solo | 225€ duo per person | 199€ in solo package

Choice of

Sauna / Hammam / Japanese bath or Hydrojet

With provided hair oil followed by a Swedish shower

+

Consilium 7 Facial

75 minute hightech and active skincare ingredients

For immediate visible results

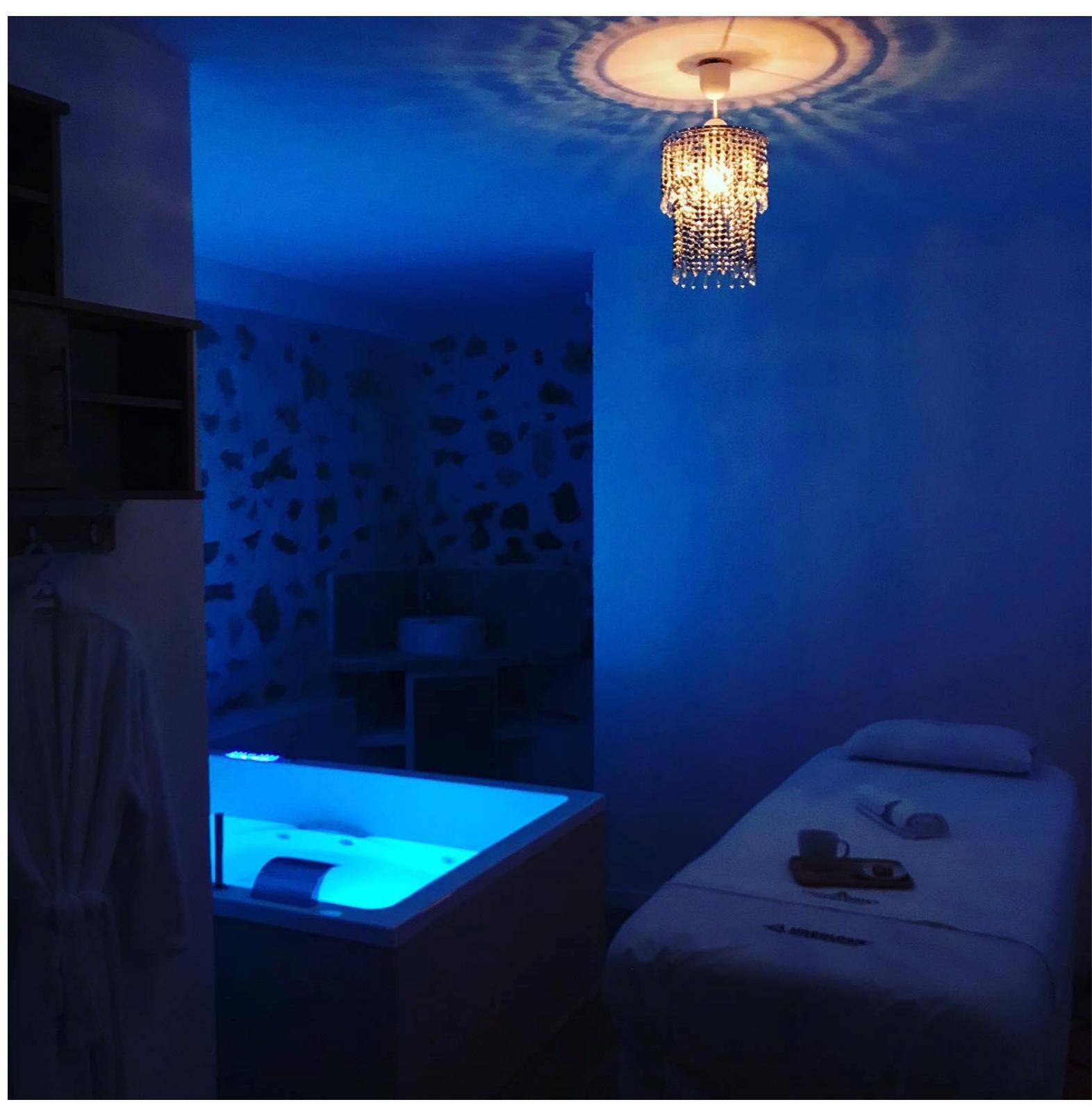
+

75-minute Wellness Massage

Swedish shower (*shower gel, ant shampoo / conditioner*)

3h

Our wet spaces are private. You will choose your space between japanese bath, sauna, hammam or hydrojet and this space will be entirely dedicated to you. A supplement of 15 euros per quarter hour will be charge beyond the reserved time slot.



FACIAL MASSAGES

Facial reflexology

1h | 60€ ou 45€ w/ package of 10*

Acting on specific facial points, microcurrent pencils allow to tone the entire face

3D Anti-Age Lifting Massage

1h | 60€ ou 45€ w/ package of 10*

Facial massage that relaxes features and stimulates energy circulation, ideal for people who want a "boost" like a 3D facelift. Your face will find serenity.

Choose the **Absolute package** so you can alternate between massage types at each appointment: 69€ w/ package of 10*

RELAXATION

Californian massage

1h15 | 85 € or 69 € w/ package of 10*

Letting go of deep tensions through maneuvers that evoke a reassuring maternal contact, kneading that provides increased muscle relaxation and sensory profusion.

Siam pouches

1h15 | 85 € or 69 € w/ package of 10*

Herbal pouches massage is a technique originating from Siam (Thailand). Steamed, herbal pouches are applied all over your body. These release their essences and virtues with a pleasant olfactory note for a sensation of deep relaxation.

Four-hand massage

1h15 | 150 € or 138 € w/ package of 10*

Harmonious and symmetrical movements arise from the synergy and complicity of the two masseuses. With a true letting go, this massage provides a feeling of total fulfillment.

ANCESTRAL TECHNIQUES

Balinese massage

1h15 | 85€ or 69€ w/ package of 10*

The particularity of the Balinese massage is to combine relaxation, softness and firmness. Its softness combined with intensity relieves deep contractions and unravels the body, for a return to balance and well-being.

Ayurvedic massage

1h15 | 85€ or 69€ w/ package of 10*

A typical Indian massage based on body energy, head and neck are massaged with pressure points exerted on reflex zones, practiced with heated oil to relax the body and soothe the mind.

Tibetan Bowls Massage

1h15 | 85€ or 69€ w/ package of 10*

Massage combines gesture and sound. The virtuous oil and vibratory resonance of the bowls balance your chakras.

Lomilomi massage

1h15 | 85€ or 69€ w/ package of 10*

A complete body and facial massage inspired by Hawaiian shamanic traditions - a massage from the islands, rocked by the swell of an infinite ocean and alive like boiling lava escaping volcanoes. It relaxes and vivifies, purifies and nourishes - a ritual of renewal.

WRAPS

Body scrub with rhassoul, black soap or signature Modologie

58 €

Body wrap personalized by your practitioner...

1h15 | 85 € or 69€ w/ package of 10*

Relaxing, detoxifying, hydrating, draining, slimming, exfoliating

SLIMMING

Deep Tissue Massage

Massage providing great muscular relaxation and thus promotes elimination of toxins, oxygenation, reduction of stress and tensions.

1h15 | 85€ or 69€ w/ package of 10*

Bamboo Sticks Massage

Massage that reduces tension, stimulates sensory perceptions, reactivates blood circulation, restructures the silhouette and smoothes the skin, while bringing well-being, relaxation and letting go.

1h15 | 85€ or 69€ w/ package of 10*

Slimming, toning massage and drainage with drying brushing

Slimming massage that targets the stomach, thighs, lower back, arms or calves with a blend of slimming, toning, and flushing with dry body brushing.

1h15 | 85€ or 69€ w/ package of 10*

REFLEXOLOGY

Hand Reflexology

By stimulating specific hand areas, it causes a revitalizing effect on the whole organism which increases its ability to defend itself on its own against disruptive external influences.

1h | 60€ or 45€ w/ package of 10*

Feet Reflexology

By using different techniques of pressure on feet reflex zones, the practitioner detects energetic blockage areas, pain spots and even the slightest tensions.

1h | 60€ or 45€ w/ package of 10*



WAXING FOR HER

Waxing treatments are made with disposable spatulas and disposable low temperature wax. We bring impeccable hygiene to our equipment. Our tweezers and scissors are disinfected and sterilized after each use.

Brows structuring	12€
Brows waxing	8€
Upper lip	7€
Chin	7€
Sideburns	9€
Full face	25€
Underarms	12€
Arms	15€
Half legs or thighs	18€
Whole legs	30€
Classic bikini line	11€
Semi-bikini wax	17€
Full-bikini wax	28€

WAXING FOR HIM

Brows	14€
Nozzles	6€
Ears	8€
Underarms	17€
Back or Chest	27€
Arms	22€
Whole legs	42€

PROGRESSIVE HAIR REMOVAL

Lips or Chin or Sideburns (your choice)	50€ per session 200€ a package of 5
Armpits	60€ per session 240€ a package of 5
Classic bikini line	80€ per session 320€ a package of 5

BEAUTY OF SMILE

Our teeth whitening method uses lighting and gel without peroxide that is applied directly on the teeth surface to achieve painless whitening.

1 session	60 €
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SUNLESS TANNING

Sunless tanning spraying for face, neck and cleavage	48€
Sunless tanning shower for face and body	78€

BEAUTY OF EYES

Eyelash or eyebrows tinting	35€
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HANDS AND NAILS

Anti-age and spots hand treatment	30€
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Complete scrub and removal of dead skin, specific anti-aging and spots treatment, massage and cuticle care. This treatment ends with laying a hardening, smoothing or growth activating base on nails.

Paraffin bath for softer hands	15€
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Laying regular polish	15€
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French nail polish	23€
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Gel polish	25€
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French gel polish	31€
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UV Gel nails (no extension)	60€
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UV Gel French nails (no extension)	65€
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Extension gel or acrylic + regular polish	75€
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Extension gel or acrylic + gel polish	80€
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FEET AND NAILS

Feet treatment	45€
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Feet hot tub with playful lights, complete exfoliation and removal of dead skin, foot and lower leg massage, cuticle and nail care

Paraffine bath for softer feet	20€
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Laying regular polish	15€
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French nail polish	23€
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Gel polish	25€
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French gel polish	31€
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MODOLOGIE®
Hair & Color



HAIRDRESSING	
Prepping up <i>Shampooing, blow dry</i>	18 €
Women <i>Shampoo, cut, blow dry</i>	34 €
Coloring <i>Coloring, shampoo, cut, blow dry</i>	65 €
Highlights/Lowlights <i>Highlights / Balayage</i>	Starting from 30€
Students <i>Shampoo, cut, blow dry</i>	25 €
Girls - 8 years old € 18 - 12 years old 23 €	
Men <i>Shampoo, cut, styling</i>	20 €
Boys - 13 years old € 14	

Women hair spa treatment **70€**

Head and neck massage (30min), personalized hair treatment, shampoo, blow dry

Men hair spa treatment **50€**

Head and neck massage (30min), personalized hair treatment, shampoo, styling

RULES & GUIDELINES

Modologie Aesthetics & Spa is a relaxation area and zone of silence, we ask you to act peacefully and pay particular attention to respect for all people who come relax in our place. All rates are inclusive of VAT and are subject to change without notice.

- ✓•The use of the mobile phone is prohibited
- ✓•Cameras, food, chewing gum, alcoholic beverages, bottles and glass objects are prohibited
- ✓•Pets, even on a leash, are not allowed
- ✓•The premises are not accessible to unsupervised children under 14 years old.
- ✓•Smoking is strictly forbidden inside the premises
- ✓•In case of degradation of equipment, inventory or layout of the premises, costs associated with repair of the damages will be the provocateur responsibility
- ✓•Modologie Aesthetics & Spa declines any responsibility for loss or theft of personal belongings in its building including the door step and parking area
- ✓•Your credit card number will be requested when making appointments to guarantee your booking, payment can be made by credit card at the front desk or by phone. We accept major credit cards and cash payments. We do not accept checks.

When you first come, please complete our medical/health questionnaire. Thereafter, if you suffer from other health problems or if you are pregnant, kindly inform our team, some treatments may not be advised

- ✓•We ask you to arrive 10 minutes before your appointment time to respect treatments schedule
- ✓•The duration mentioned corresponds to the actual duration of treatment
- ✓•Our capacity is limited, we strongly recommend booking your treatments in advance
- ✓•For hygienic reasons, we ask our customers to come in already showered before the treatment
- ✓•Men are recommended to shave 4 to 24 hours before a facial
- ✓•Depending on availability, we provide a locker for your personal belongings, bathrobe, towel, flip flops as well as disposable underwear for treatments
- ✓•In case of delay, we will be obliged to reduce the duration of your treatment equivalent to your delay. The entire treatment will be invoiced.
- ✓•In case of impediment, we ask you to be kind enough to cancel your appointment at least 24 hours in advance. Failing so means 100% of the treatment value will be invoiced or the associated gift voucher will be canceled and as part of a package, the session will be deducted from it.
- ✓•People with a gift voucher must present it at the front desk on the day of their appointment. Otherwise, the ordered service will be charged. Gift vouchers are not nominative, not refundable nor exchangeable and have an expiry date to be respected. After expiry, they are neither deferred nor refunded
- ✓•The purchase of a treatment or a package is personal. It is non-transferable, non-refundable, non-compensable

Regarding the access to the spa wet areas:

- ✓•Swimwear is mandatory, a two-piece swimsuit for ladies is preferable to facilitate scrub treatments made by our practitioners
- ✓•It is mandatory to shower before entering the Japanese bath, sauna or steam room
- ✓•Minors under the age of 18 are not allowed
- ✓•People with reduced mobility may access the steam room or Japanese bath if they are accompanied by a person authorized to help them
- ✓•For hygiene concerns, it is forbidden to scrub in the hammam and/or Japanese bath.

Contraindications: Access to the hammam is reserved for people who have no problem with high blood pressure, heart problem, and not suffering from contagious disease. The same applies to all pathologies in acute phase or during treatment (cancer), allergy to iodine and people suffering from claustrophobia. It is forbidden for pregnant women. A medical certificate less than one month old may be required by Management.

Some wellness massages, facials and body treatments are not recommended for pregnant women, as well as for breastfeeding women, if this is the case, please let us know.

Treatments performed are only for well-being and relaxation. Given the law of April 30, 1946, Decree 60 669 of July 4, 1960, Article 489I and the decree of October 8, 1996, it is not about medical massages or physiotherapy. The term "massage" is used only in techniques of well-being ideal for physical relaxation and relaxation, non-sexual, and stress-relieving.

- ✓•Practitioners reserve the right not to perform the massage on anyone refusing to wear at least one disposable underwear or with skin lesions
- ✓•Any act on the practitioners will obligatorily stop said massage and will be fully billed.

Management reserves the right to modify its opening hours, to exclude and prohibit entry to any person whose behavior would be contrary to these rules. This regulation is applied for your comfort, to keep these places clean, secure and relaxing.



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